



Long Version – 199 words

Happier Teams. Better Results.

In today's fast-paced, high-pressure workplaces, organizations are looking for more than motivation — they're looking for results. Kim Hodous delivers a high-energy, interactive keynote experience that shows how happiness isn't just a feeling, but a powerful driver of performance.

Blending research-backed insights with humor and relatable storytelling, Kim brings practical habits to life that help teams communicate better, connect more deeply, and show up with renewed energy. Her message resonates long after the event because it's grounded in real-world application, not theory.

At the heart of Kim's work are three core principles: **Energy, Habits, and Connection**. Through participation, laughter, and meaningful interaction, Kim shows audiences how these principles create cultures where people feel valued, engaged, and motivated to do their best work.

Kim's keynote is more than a presentation — it's an experience. Audiences are on their feet, interacting with one another, and leaving energized, connected, and ready to take action.

A Certified Speaking Professional (CSP®) with over 20 years of experience and more than 1,000 presentations delivered nationwide, Kim Hodous is known for her engaging delivery, professionalism, and planner-friendly approach.

When Kim speaks, people don't just feel inspired — they feel capable. And that's when happier teams start creating better results.

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100 WORD VERSION:

Happier Teams. Better Results.

Kim Hodous delivers high-energy, interactive keynotes that show how happiness is a powerful driver of performance. Blending research-backed insights with humor, storytelling, and participation, Kim teaches practical habits that help teams communicate better, connect more deeply, and bring more energy to their work.

At the core of her message are three principles: **Energy, Habits, and Connection** — the foundation of strong cultures and engaged teams. Audiences are often on their feet, interacting, laughing, and leaving with tools they can use immediately.

When Kim speaks, people don't just feel inspired — they feel capable. And that's when happier teams start creating better results.

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