



FULL BIO

Kim Hodous is a high-energy keynote speaker who helps organizations create happier teams—and better results. Known for her engaging, interactive style, Kim blends research, humor, storytelling, and participation to deliver experiences that energize audiences and translate directly into action.

Kim’s work is grounded in a simple, powerful truth: happiness isn’t soft—it’s strategic. Backed by decades of research, she shows how happiness drives engagement, productivity, communication, and performance. Her approach centers on three core principles—**Energy, Habits, and Connection**—that consistently show up in high-performing individuals, teams, and organizations.

With more than 20 years of speaking experience and over 1,000 presentations delivered nationwide, Kim has worked with associations, healthcare organizations, schools, and corporate teams across the country. She holds the Certified Speaking Professional (CSP®) designation, earned by fewer than 12% of professional speakers worldwide.

Audiences don’t just listen when Kim speaks—they participate. They’re often on their feet, interacting with one another, and even joining her on stage. People leave feeling energized, connected, and equipped with practical tools they can use immediately.

When Kim speaks, people don’t just feel inspired—they feel capable. And that’s when happier teams start creating better results.

SHORT BIO (≤100 words)

Kim Hodous is a high-energy keynote speaker who helps organizations create happier teams—and better results. Blending research, humor, and interaction, Kim delivers engaging experiences that boost energy, strengthen connection, and improve performance. Her work is built on three principles—Energy, Habits, and Connection—and translates directly into practical tools audiences can use immediately. With over 20 years of experience, 1,000+ presentations delivered nationwide, and the Certified Speaking Professional (CSP®) designation, Kim is known for being engaging, relatable, and exceptionally easy to work with. When Kim speaks, people don’t just feel inspired—they feel capable.

(Approx. 95 words)

ONE-SENTENCE BIO

Kim Hodous is a high-energy keynote speaker who helps organizations create happier teams and better results by teaching practical, research-backed strategies built around energy, habits, and connection.